

# DAIRY MAGAZINE



# VOX POP

POR GABRIELA MACHADO  
FOTOS: KADU NEVES

**FREJA AN ERIKA LYNGE** – Denmark

"We always keep together all around Boom. She likes a lot to dance! We've been on the Main Floor but it was too much for her. So we mostly stay on the Chill-Out, and on Groovy Beach."



**MAX COMEYNE** - Belgium

"I have light skin so I get burned very easily. The strongest hour for me is from noon to three o'clock. I was in Portugal for seven days and I used two bottles of sunscreen!"



**RICARDO INÁCIO (depoimento) e SARA CORREA, from GAIA ONG**  
Portugal

"The pillars of our NGO are mostly art and ecology. Here in Ecocentro we'll be offering flyers and workshops, over a good mood atmosphere. Transgenics, agrofuels and activism are some of the themes we'll be exposing here."



**SOPHIA AKROYD, DAISY FRASER, TIBBS JINKIMS**  
England (quote from Daisy)

"This is my fourth time at the Boom and I think it got too big!"



93.4 FM

# Bedouin and Hamish

UK DJ DUO BEDOUIN AND HAMISH PUT THE PSY BACK INTO PROG.



**A while back, you could easily tell progressive trance from full on or Goa styles.** It was slower, often melodic and built cleverly around

percussive shapes. Back-to-back duo UK duo, Bedouin (Mark Bedford) and Hamish (Blair) are in the business of blurring divisions, with a mission to land a psychedelic right into the progressive mould. They play tracks like the enormous 'New Era' by Earsugar (Capo aka Liquid Soul, and DJ Martin).

Labels specialising in this new 'psychedelic progressive' sound include Mikrokosmos, Iboga, Domo, Blue Tunes and ZMA. However, there still is not enough of it for Hamish's liking. "The trouble with this rolling, energetic style is that tracks that really fit the bill are only released every now and again. So it takes a lot of sifting and collecting!"

So why try to forge a new style? "I began with full-on but then moved towards the more spacious, slightly slower music. I think psychedelic progressive is the music that really appeals to both of us, that makes the hairs on the back of our necks stand up," says Hamish. "It keeps the focus of the audience - and I like trying to guess where people want to be taken next."

Hamish and Mark have been DJ'ing together for about a year. They have both been prevalent on the London party scene for a good few years. Since

they live together, it seemed like a natural progression to share tunes and deck-practice.

The duo intends to fully enjoy their first Boom set, as well as doing a bit of converting in the process. "I think we surprise people sometimes, especially those who don't know or think they don't like progressive music. We always have a high level of energy in our sets, yet the bpm is low enough for the dance floor to be in a progressive mood."

The duo follows Tristan and Jez's new project Fierce Engine." Going after them will be very entertaining. The responsibility of choosing how to start is on me this time and I am leaning towards beginning with one of my favourite psy-prog hybrids. I won't say so as to not ruin the surprise, but I hope it will capture the mood and

energy. Can't wait!"

For Hamish playing at Boom is quite a milestone. "I have been part of the crowd at trance events for nearly ten years, from small parties in England to huge, global festivals. Boom 2004 being one that had a particular impact. My love of the music led me to start putting on my own events and to start DJ'ing. Considering I started playing at house parties, performing at possibly the biggest electronic music festival in the world is, well, brilliant."

**Charles de Ledesma**



# DANCING FOR MOTHER EARTH



**This year Boom is dedicated to Mother Earth. Sustainability, reusing, recycling and rethinking are concepts underpinning all that is going on at this amazing gathering.** We see the planet as a living being and our intention is to take care of it the best we can. We invite you all to join us in this intention: when we all dance together at Boom lets feed the Earth with the energy we create with our dance. Each one of you is a unique being and your truth and authenticity is fuelled by your dance. Freestyle movement is a way of connecting more deeply to yourself, to your truth, to each other and to the environment. Dancing is awakening – leaving behind old baggage and engaging with the present. The best way to still the mind is to move the body! So be creative in your dance and follow your body where it wants to take you. There will be movement workshops at Boom (check out the 5 Rhythms sessions at Liminal Village and Healing Area) designed to help you unleash the dancer within. Explore your movement, explore different rhythms, and explore the space around you, behind you and above. Awaken every single part of your body, from head to toe, and make your dance a full body dance. Listen to the stories that your body parts tell you. Your whole life story is in them! Explore fast movements, slow movements, flowing movements, percussive movements, dancing like a rag doll or like a robot, do it all! Dancing is pure creativity! It's a movement meditation that peels off layers, one after the other, until all that is left is your truth, your uniqueness. So the next time you are stomping on the dance floor, remember that the ground that holds you is Mother Earth. Let's direct our energy and our good intentions towards her.

*Mother Earth, this celebration is for you.*

# LIMINAL INTERVIEW

This years Vision Gallery in the Liminal Village features the many faceted visionary artist Carey Thompson ([www.galactivation.com](http://www.galactivation.com)). Not only has he done decor and shows art in the gallery he is also the mastermind behind a series of bamboo structures and gateways around the Liminal Village.

**DELVIN : WHAT IS THE ROLE OF ART AT THE BOOM FESTIVAL?**

Carey : In general, art is a means to demonstrate and reveal the present state of human consciousness. At Boom, it is specially revelatory as it brings together artists and creators of all types to co-create, share and make aware that we are all one collective being tapping into the same source of universal creativity.

**DELVIN : WHAT IS THE MESSAGE OF YOUR ART?**

Carey : The main message of my art is that we as humans are all interconnected. We are all part of an infinitely vast network of interrelationships inseparable from anything. The intention within my art is to catalyze this awareness in people to assist in the reharmonization of our species within the greater whole.

photo : [www.zariat.com](http://www.zariat.com)  
art : 'singularity' [www.galactivation.com](http://www.galactivation.com)



## MATT BLACK

This years Vision Gallery in the Liminal Village features the many faceted visionary artist Carey Thompson ([www.galactivation.com](http://www.galactivation.com)).

**DEW: WHAT DO YOU SEE AS THE ROLE OF MUSIC IN THE FORMATION OF THE NEW PLANETARY CULTURE?**

Matt Black : Music is loved all over the Planet: this shared love helps generate our vital realisation of Interconnectedness. Music stands at the phase transition between Order and Chaos: it mirrors the creative balancing act of Life.

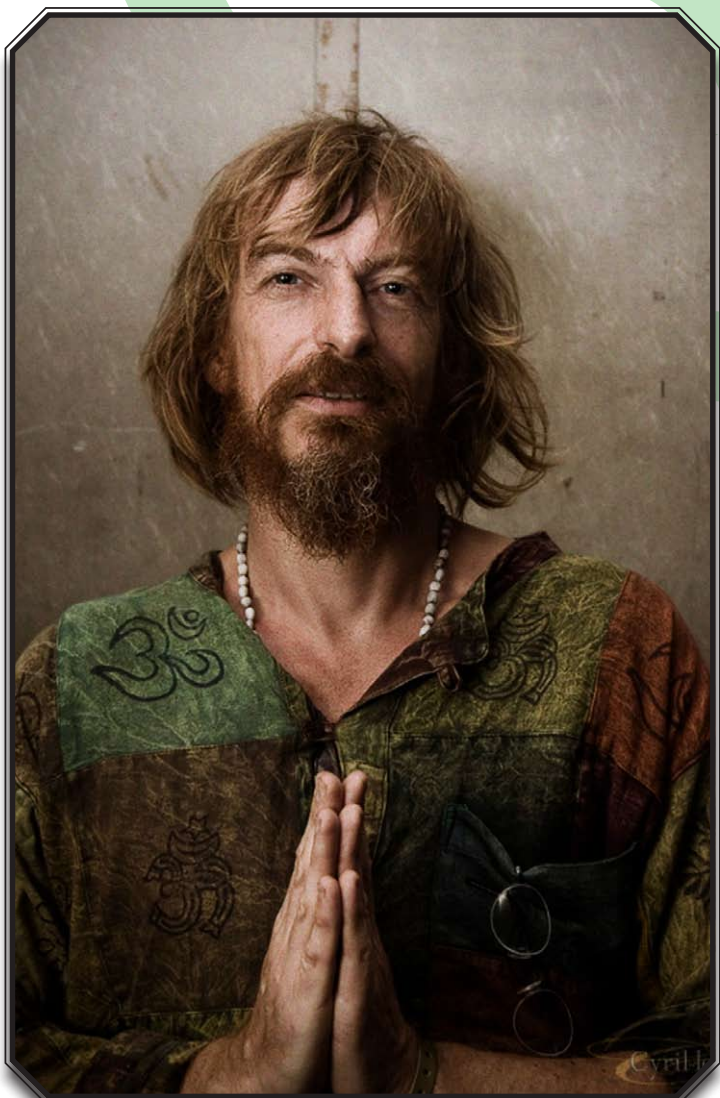
**DEW: WHAT IS THE ROLE OF FESTIVALS IN THE EMERGENCE OF THE NEW PLANETARY CULTURE?**

Matt Black : Greg Sams said (in Liquid Crystal Visions) that festivals show Gaia some of us at least are happy to be alive! Thats the best reason for partying I've heard so far. Personally, I regard certain festivals as some of the best culture on the planet and a hotbed of joyfulness, positive energy and tribal vibes. My experiences at festivals has been immeasurably valuable to me and I know that feeling is widespread.

**DEW : IF YOU HAD TO CONDENSE DOWN A MESSAGE FOR THE 30,000+ BOOM PARTICIPANTS FROM 80 COUNTRIES, WHAT WOULD YOUR MESSAGE BE?**

Matt Black : I and I, You and Me: Our Union is Energy.

[www.ninjatune.net](http://www.ninjatune.net)



## VOX POP

**THOMAS, DANIEL AND MONA MEIER** –

Germany (quote from Thomas)



"Last year I saw people having açai here in Boom but I didn't know what it was. So, I had it when I went to Universo Paralelo in Brazil. It's great that this year I'm enjoying it on Boom. Good suggestion for breakfast!"

**ANA E ELFI ZACHARIAS** –

Denmark

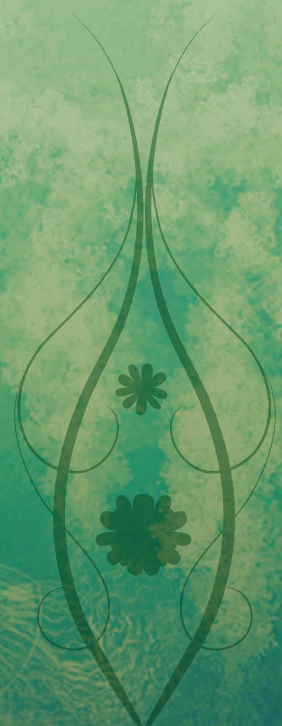


"Boom is beeing very special for us. There are really beatiful people here that come, talk a lot and like colorful stuff. Besides that, it's beeing perfect to work in partnership with my mother!"

**ADRIAN SERBAN**

– São Paulo, Brazil

I'm camping near the restaurant area, which in my opinion, is a strategic area. I enjoyed eating on Pachamama, which has good organic food, served with pasta. The girl that served me food was very attentive, she is Mexican and has already lived in Brazil. The festival is wonderful with all its cultures! Getting inside was very hard. This is one aspect that could be improved.





## AMBIENT FOREST

DAY 4 14/08

02h Elektra  
05h Sallun  
08h Elea  
10h Swann  
13h Mauxuam  
16h Jon  
19h Ten Madison  
21h Patric & Justin

DAY 5 15/08

01h Sérgio Walgood  
03h Schaasko  
06h Ambiens Indages  
08h Las Hark  
11h Lumin  
13h Hypnotizer  
17h Yari  
20h Mauxuam  
23h Esp

## LIMINAL VILLAGE

DAY 4 14/08

08h-09h Yogajaya  
10h-11h Solomoon Awakening to Bliss  
11h-12h Erica Manifesting Movement  
13h-14h Benjamin von Mendelssohn  
Concrete Models As a Global Peace Strategy  
14h30-15h30 JON & SYLVIA  
Applied Psychonautics  
Cultivating Skeptical Thought  
16h00-17h30 JOSE TEIXEIRA Biodiversity  
17h45-18h45 Les Virtualistes Where is the Way  
22h-03h Paradigms Film Festival:  
Earth Pilgrims Trailer  
Zeitgeist  
Tribulation 99

DAY 5 15/08

08h-09h Yogajaya  
10h-11h Guilherme Kung Fu  
11h-12h Estela & Constança Human Grounding  
13h-14h Kranti Pessoa Experiential Astrology  
14h30-15h30 Rick Doblin Towards a Global Spirituality  
16h00-19h Robert Venosa & Martina Hofmann  
Sketching The Fantastic  
20h15» PRESENTATION Erik Davies  
22h-03h Paradigms Film Festival:  
Illuminated  
Transhuman  
Brotherhoods of the Transsaharan Highway

## GROOVY BEACH

DAY 4 14/08

00h Myagi  
02h PORTABLE  
03h BILLY D'ALLESANDRO  
04h CLICK BOX  
05h EXERCISE ONE  
06h HENRY SAIZ  
08h Phara  
10h Pena  
15h Chico Aquino  
17h SpaceBoys  
19h Parker  
21h MR. GASPAROV  
22h Goth-Trad  
23h NuMaestro

DAY 5 15/08

00h FAR TOO LOUD  
02h ZENTEX  
03h Tati  
05h EXTRAWELT  
06h Expander  
08h Alex Tolstei  
10h Loopus in Fabula  
15h RMA  
17h Alquimix  
19h Basement Freaks  
21h Unidade Sonora  
22h Scuba  
23h MONKEY STEAK





# PABLO AMARINGO AND SHAMANISM

THE PERUVIAN SHAMAN PABLO AMERINGO, WAS ONE OF THE INVITEES OF BOOM 2008, DUE TO HEALTH REASONS HE COULD NOT MAKE THE TRIP HOWEVER WE PAY HIM A TRIBUTE AS AN INSPIRATION.



## WHAT IS THE FUTURE OF ARTISTIC EDUCATION?

The future of artistic education is that every human being may discover that to live is an art. In the future, all art teachers will teach through conscious ability and creative imagination how to reach genuine development of the intellectual, moral, and spiritual faculties, the senses, and physical strength.

## WHAT IS THE FUTURE OF ART?

The future of art will be a model through which all of humanity may come to know the greatest artist of life, the Creator and Legislator of all that exists in life both physical and spiritual.

## HOW CAN ART BE SHAMANIC?

Art can be shamanic when the plastic artist paints visionary things, multiforms full of colored visualizations in other worlds, through the ingestion of hallucinogenic plants, where the spirits teach us the maximum artistic expression, which are good actions, attitudes and habits in physical life.

**Art:** 'Hada De Peronuga' - Pablo Amaringo [www.pabloamaringo.com](http://www.pabloamaringo.com)

## SACRED PLANTS OF THE BOOM SITE

### LAVENDER

LAVANDULA STOECHAS

**Type:** evergreen shrub

**Edible:** leaves, petals, flowering tips raw used as a condiment, tea or flavoring

**Medicine:** flowering spikes and essential oil used for relaxing, sunburns, bites antiseptic and healing scars

**Other uses:** soaps, repels insects, perfume.



**Photo:** Alexandre Martins

**Plant id:** Frank Schuurmans

**Plantings:** Dew

### MALVA PARVIFLORA / CHEESEWEED

**Type:** annual

**Edible:** leaves and seed, raw or cooked good in salads and soups

**Medicine:** whole plant used for a poultice on swellings, boils, coughs, ulcers and for treatment of dandruff.

**Other uses:** dye, oil, shampoo



**Photo:** Kalid

**Plant id:** Frank Schuurmans

**Plantings:** Dew

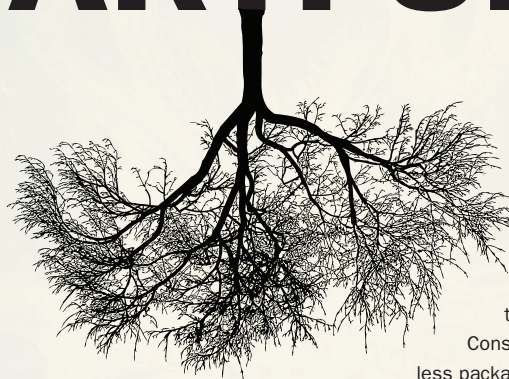
## ECO-ARTFUL LIVING



**Among the most destructive of human activities are militarism and its gross expenditures,** the mining of toxic materials, the manufacture of biological poisons, industrial farming, industrial fishing, and industrial forestry.

Sounds scary? Well it is and you can do something about it. Eco-artful living is the art of living in a sustainable way by reducing your footprint and not your style. By reducing your footprint you are able to lessen the above destructive behaviors.

Lets start simple - polystyrene. More than 15 mil tons of polystyrene (aka Styrofoam) is produced each year. Polystyrene is made using cancer-causing benzene and the brain toxin styrene. The Louisiana Agricultural Experiment Station tested the safety of polystyrene. They reported that volatile styrene monomers were detected in shell eggs stored in polystyrene containers for two weeks in supermarkets. It is suspected that the volatile compounds can migrate through the porous shells into the edible portions of eggs. And what about other products on the super-



Polystyrene is not the only chemical leaching into our bodies. More than 72,000 synthetic chemicals have been invented since World War II, in fact, the average home today contains over sixty-two chemicals. Curiously enough, that's more chemicals in our homes today than were found in a chemistry lab in the 1900's. A few of common potentially hazardous items that can be found in the typical household include toxic pesticides from eating conventionally grown produce, clear plastic water bottles that leach toxic substance into your water and petrochemical

market shelves? Anyone want to test them? No, so do yourself a favor, keep away from these products. Consuming foods with less packaging means less toxic chemicals in your body.

perfumes and bath products. Now you're really worried? Well go organic. Support local farmers that grow organic food. Also natural alternatives exist for nearly every cleaning task whether it is your body or your kitchen, eliminating the need for chemicals. If you are feeling angelic because you are recycling your plastics, think again. The average European throws away 36kg of plastics each year. 4% of oil consumption in Europe is used for the manufacture of this plastic and not all plastics are recyclable. An even crazier statistic - take note - shows that 1 litre of drinking water requires 5 litres of potable water in its manufacturing process (this includes power plant cooling water). When carrying around drinking water, go glass, go ceramic even go aluminum (just don't scratch the base). They are all safer than plastic.

By living eco-artfully, you can become sustainable, step-by-step and cultivate a profound appreciation towards a ball of stardust, the planet that sustains us, our Mother Earth.

**by Lucy Legan**



# ISONDU

## GLOW-BUG WITHIN

A VISCERAL TEATHER SHOW IS TAKING PLACE AT THE THEATROOM



**Uniting insect and technology in a mesmerising dance with fractal images** is one way to describe the unique Argentinian Isondu tribe. A legend foretold by the Amazonian Guaranies

translated into whispered actions, Isondu - the glow worm, emerges in a crazy metamorphic artistry from the plastic egg. Catch this ecological yet warped story told beautifully combining dramatic performances with LED visuals at the Theatroom..

Isondu Tribe : Theatre Art : Thursday : 2200hrs : Theatroom

**Sonal Scott**  
www.syphermag.com  
www.isondu.org



## WHY ORGANIC DRINKS AND NOT COCA-COLA?!

**At Boom we are providing organic drinks.** The main goal is to deliver conscious and both tasty and healthy beverages for all the people avoiding the mainstream brands and corporate distribution ethos. Thus we're subverting the system. Some of the characteristics of the drinks at Boom are:

### ORGANIC

#### 100% Natural Ingredients

Made with real fruit juices  
No preservatives or artificial additives  
Suitable for Vegetarians and Vegans

#### Whole Earth Organic Apple & Raspberry

The sweet organic apples are bursting with fruity flavour. Partner this with tangy raspberries for a tasty fruit explosion!

#### Whole Earth Organic Ginger

The ginger extract provides body and a little capsicum enhances the fiery hot throat sensation that all lovers of ginger drinks crave – add a little spice to your lives!

#### Whole Earth Cola

The sparkling cola combines 20% organic fruit juice with a dash of luscious lemon for a zesty bite. Cola nut is added to give a gentle nutty lift – bubble-liscious!

#### Whole Earth Organic Lemonade

The sparkling organic lemonade combines the sun-ripened juices of zesty luscious lemons to give a traditional yet tangy taste sensation!



## LAND ART



INTERVIEW WITH MICHAL STROMPACH  
AKA MISKO, GALAKTIC VISION

**Misko works with design and construction, he's from Slovakia,** and he is responsible for the creation of many elements inside the Boom, namely the main sculpture at the centre of the Dance Floor. When developing his work, caring for nature and the environment comes first, ahead of aesthetics and beauty.

**MISKO, WHAT IDEAS DID YOU HAVE IN MIND FOR THIS YEARS EDITION OF BOOM FESTIVAL?**

For this edition we created six protective spirits: a dragon that faces the public,

and, in the middle, a crystal that cleans all energies. There is also a stone sculpture, the Pacal Votan, a mayan symbol.

**AND WHAT ABOUT THE MATERIALS USED FOR THESE CONSTRUCTIONS, ARE THEY ORGANIC?**

Yes, I use natural elements for these creations; to transform and build without environmental interferences is an organic tradition, it makes work easier, it is a relevant ecological alternative to industrialized building techniques.

**By: Nat Naville** (nati@emusicbrasil.com)





GET A COLD, REFRESHING SIP OF PSYCHEDELIC AIRWAVES! WHILE IN LINE IN THE CAR AND DURING THE WHOLE FESTIVAL, TUNE IN TO 93.4 FM FOR BOOM RADIO TO FIND OUT ABOUT THE QUEUE WAITING TIME, OR TO LISTEN TO FESTIVAL NEWS ALONG WITH



INTERVIEWS AND SETS FROM MANY DJS AT THE BOOM. DON'T FORGET THE TRANSMISSION OF THE LIMINAL VILLAGE PRESENTATIONS IN THE EVENING. THE REGULAR BROADCAST RUNS FROM AROUND 9AM UNTIL 11PM, WITH AUTO DJ PLAYING IN THE NIGHT.

## UTOPIA

After Boom 18-20 August 2008  
S. Gião Camping - Oliveira do Hospital - Portugal



### DANCEFLOOR

SECRET VIBES • ACE VENTURA • BRAINCELL • DEJAVOO  
ELECTRYPNOSE • KRUNCH • NARCOPHONE • PARAHALU  
PRINCIPLES OF FLIGHT • POISON • SYSTEM 7 • TRYON  
VIBRACOUSTIC • ACE VENTURA • ANAHATA • ANESTETIC • FLUXO • LIO  
GUANA • INOCYBE • KALIMAMBOH • MOIRA • POLO • STYX • THOMAS • TATA

### AMBIENT

VECTOR SELECTOR • ELECTRYPNOSE • CHILLED C'QUENCE • YONILINGA • SALLUN AND MUCH MORE

### HEALING ISLAND

Aradhane Kaur • Terumi Kim • Hugo Melato • Sandra Moutinho • Carlos Yee

### Tickets:

@ BOOM SHOP = 35€

@ UTOPIA DOOR = 40€

All info @ the Boom Shop

Doors open: 18th August 10am

Doors close: 21th August 14pm - site must be evacuated till this time

MINORS NOT ALLOWED - UNDER 18

CONTACT US: +351 938 676 705



THE UTOPIA - AFTER BOOM PROJECT - was born in 2006, when the Boom team invited one of the oldest Portuguese trance event promoters and friends Quest4Goa - [www.quest4goa.com](http://www.quest4goa.com) - to join them in this adventure. It was created to liaison your after boom mood and atmosphere into a smooth return to your daily reality, in a blessed natural place with all the required comforts, allowing you to decompress and naturally party, love, enjoy and put into practice what you perceived in Boom. A last and soft melting pot of emotion and friendships!

Find all information and tickets at the Boom Shop!  
Have in mind that the utopia Site capacity is limited.

## HOW TO BOOM-IT-BETTER:

### “AWARENESS OF YOUR SURROUNDINGS”

a staple belief in many oriental philosophies, will ensure we Boom-it-Better and still are physically stable to fully enjoy the official after party.

The month of August peeks Portugals' very hot and dry summers. 38°C and upwards can be expected on average. For most, which live in northern Europe, the heat is overwhelming at times. Frequent H2O replenishment, a covered head and eating fresh fruit is vital.

### AVOIDING DEHYDRATION

drink plenty of H2O or fresh fruit juices (avoid carbonated/alcoholic or sugar filled drinks).

### AVOIDING A HEATSTROKE

Avoid hot and heavy foods, keep your head covered and drink plenty of H2O or fresh fruit juices.

### AVOIDING HEAT CRAMPS/EXHAUSTION

Avoid strenuous exercise during the hottest hours of the day if not used to the heat, keep head covered, drink plenty of H2O, Electrolyte solutions or fresh fruit juices.

### AVOIDING PAINFULL SUNBURNS

Frequently apply a High SPF ORGANIC sun block, wearing a t-shirt and having a covered head. Solar burns are progressive. Prevention is the best cure.

### AVOIDING SCORPION STINGS

avoid walking bare foot in the camping area during the day or night; avoid overturning stones or pitching up a tent at night.

Boom's EMS (Emergency Medical Services) is everywhere, visibly uniformed and eager to help you when needed. Pls if you see or know anyone in real need contact us or any Boom Staff member.

**Have fun- Be wise-BE SAFE!**

## HOW TO DO A STRAW BALE IN SIX STEPS

